

# SHINAGAWA

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## Osaki-Togoshi Course

Once home to many busy factories and shopping districts, the Osaki-Togoshi area has been redeveloped in recent years, transformed into a modern city lined with skyscrapers while retaining traces of its old cityscape. Take a walk and get a sense of the area's ever-changing cityscape.

**Inquiries:** Cultural Assets Subsection, General Affairs Section  
(Tel: 03-5742-6839, Fax: 03-5742-6890)

### Irugi-jinja Shrine

MAP

1

Irugi-jinja Shrine is said to have been built on a site along the Meguro River, during the early Edo Period. It was moved to its current location to avoid floods. Until the early Meiji Era, it was known as "Gosha Myojin," a reference to its merger with four other local shrines.

**Location** 3-8-20 Osaki



Fujizuka



### Togoshi Hachiman-jinja Shrine

MAP

3

Togoshi Hachiman-jinja Shrine's history dates back to the Warring States period (1467-1568). Its tree-covered precincts are home to the oldest pair of *komainu* (lion dogs that guard shrines) in Shinagawa, which were made in 1746. The names of the villagers who donated them are engraved on the stone pedestal.

**Location** 2-6-23 Togoshi

A *komainu* (lion dog)



**Start** Osaki Station

About 5 minutes ↓ 0.4km

**1** Irugi-jinja Shrine

About 10 minutes ↓ 0.7km

**2** Kifune-jinja Shrine

About 11 minutes ↓ 0.8km

**3** Togoshi Hachiman-jinja Shrine

About 5 minutes ↓ 0.4km

**4** Togoshi Park

About 10 minutes ↓ 0.7km

**Goal** Togoshi-koen Station

### Kifune-jinja Shrine

MAP

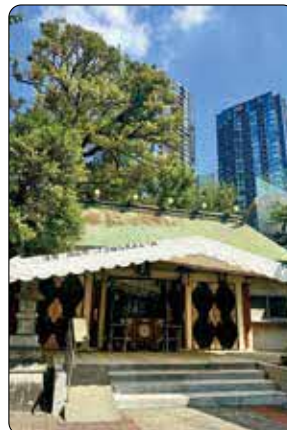
2

Kifune-jinja Shrine is reportedly located on what was once the site of Ebara-jinja Shrine. Although priests of Ebara-jinja Shrine and Shinagawa-jinja Shrine previously maintained it, a full-time priest was assigned to care for this shrine in 1927 due to the rising population in the Taisho Era (1912-26).

**Location**

3-16-31 Nishi-Shinagawa

Chozuya is the pavilion where shrine visitors purify themselves with water



### Togoshi Park

MAP

4

Togoshi Park was built on the former estate of the Hosokawa Clan, who were the lords of the Kumamoto Domain's Higo Province. The park features a stroll garden that incorporates a large central pond, waterfall, artificial hills and more. Visitors can enjoy beautiful seasonal flowers including plums and cherry blossoms, as well as ginkgo trees.

**Location** 2-1 Yutakacho

Reference: Shinagawa History Tours (in Japanese only)

Let's check out some of Shinagawa Historical Museum's cultural properties!

#### Irukibashi Shell Mounds

The shell mounds at the Irukibashi archaeological site were formed between 5,500 and 7,000 years ago during the Jomon Period, when the climate was warmer and sea levels were higher than now. The upper layers of the shell mounds, like the section pictured here, retain traces of damage from air raids, such as glass from melted bottles.

**Hours:** 9:00 a.m. to 5:00 p.m. (the entrance closes at 4:30 p.m.).  
**Closed:** Mondays (or the next weekday if Monday is a national holiday) and during the yearend/New Year's holidays.  
**Note:** The museum may be closed on days other than those listed above.  
**Admission:** ¥100 (¥50 for elementary and junior high school students)  
**Note:** Admission is free for elementary and junior high school students residing in or enrolled in a school in Shinagawa, people over the age of seventy, and people with disabilities.  
**Inquiries:** Shinagawa Historical Museum (Tel: 03-3777-4060, Fax: 03-3778-2615)

Please scan here for the museum's website.



## Shinagawa City Website

You can view the Shinagawa City website in 131 languages—including English, Chinese (simplified characters and traditional characters) and Korean—using an automatic translation service.



**Inquiries:** Strategy Public Relations Section  
(Tel: 03-5742-6612, Fax: 03-5742-6870)

## Shinagawa Info

### Multilingual FM City News Broadcasts

The city government broadcasts *Shinagawa Info*, a 3-minute municipal news program, in several languages on InterFM897 (89.7 MHz) from 6:56 a.m., Monday through Friday.

The languages broadcast are as follows:

**Mondays:** Chinese and Japanese

**Tuesdays:** Korean and Japanese

**Wednesdays:** Tagalog and Japanese

**Thursdays:** English and Japanese

**Fridays:** English and Japanese

In addition to daily-living information, emergency information is broadcast during times of emergency. You can also check the broadcast content via the website.

Website: <https://www.interfm.co.jp/timetable/>



# Promote a Sustainable Society to Ensure a Rich Future

## Recyclable If Sorted...Trash If Mixed

To keep the spirit of *mottainai* (don't be wasteful) in mind and develop a truly sustainable society, we need to promote these “3R” activities: (1) reduce the amount of waste at the source; (2) reuse items whenever possible; and (3) sort and recycle items as recyclable resources. Work on these 3Rs in your daily life!

### ● Reduce Waste—Minimize It at the Source

- Try not to buy items you don't really need and disposable products
- Do not waste food
- Eat emergency food before the expiration dates and buy the necessary amount

### ● Reuse Items—Use Items until They Wear Out

- Repair broken items and continue using them
- Give items that you no longer need to people who need them

### ● Recycle—Sort and Put Out Recyclable Resources

- When you dispose of things you no longer want or need, sort your items according to the rules.

**Inquiries:** Resource Recycling Promotion Subsection, Shinagawa City Waste Collection Office (**Tel:** 03-3490-7098, **Fax:** 03-3490-7041)

# The National Pension System: Everyone Supports Each Other

The National Pension system is a system to help each other in preparation for living of old age, in case of disability or when breadwinner family passed away. The premiums you pay support the elderly and those in difficult situations.

### ● The Pension System

Everyone between the ages of 20 and 59 living in Japan must enroll in the National Pension system.

Registered foreign residents are also required to enroll. The premiums you pay can be deducted from your taxable income. If you are employed in a company in Japan that has an employee pension system, you are required to enroll in it. The company will complete the enrollment procedures.

#### There are three types of members:

- **Category 1 insured person:** This category includes the self-employed, students, part-time workers, the unemployed, etc. Pension premiums are ¥16,980 per month (FY2024) and must be paid by the member himself/herself.
- **Category 2 insured person:** This category includes company employees and public employees who are enrolled in an employee pension system. Pension premiums are deducted from their salaries.
- **Category 3 insured person:** This category refers to dependent spouses of category 2 insured persons. Since the pension plan of the category 2 insured person covers the pension premiums, there is no need for the spouse to pay individually.

### ● When You Receive Pension Benefits

#### ○ Old-Age Basic Pension

As a rule, under the current system, when you turn 65 years of age and if the sum of the following periods listed in (1) through (3) below is ten years or more, you can receive an elderly pension benefit:

- (1) Period that pension premiums were paid (including the period that you were a category 2 insured person)
  - (2) Period that you were a category 3 insured person
  - (3) Pension premium exemption period, special payment exception period for students, and contribution postponement period (grace period) for low income person
- Note:** There are also other pension programs, such as the Disability Basic Pension, Survivors' Basic Pension, widow's pension, and lump-sum death benefit, each with their own eligibility requirements, such as the payment period of pension premiums.

#### Lump-Sum Withdrawal Payment System

Foreign residents who leave Japan without fulfilling the requirements for receiving a pension can still receive a lump-sum benefit if they have paid pension premiums for six months or longer, and if they file an application within two years after leaving Japan.

### ● Complete the Designated Procedures in the Following Cases

If you are under 60 years old, you need to enroll in the system. Please do not forget to file these applications and other notifications.

- **If you leave a company that has an employee pension system:** Please complete the designated procedures at the City Office.
- **If you are no longer a category 3 insured person (dependent spouse):** If you do not enroll in an employee pension, please complete the designated procedures at the

City Office.

- **If you move into the city from overseas (excluding category 2 and 3 insured persons):** Please complete the designated procedures at the City Office

**Note:** When you reach 20 years of age, the Japan Pension Service Office will send you information on how to enroll in the national pension system.

### ● Please Ask for Advice

- If you are having difficulty paying your pension premiums, please be aware that there are exemptions and grace period systems you may be able to use depending on your income status. You can apply for these dating back up to two years and one month before you submit your application.
- If you receive a disability pension (grade 1 or 2), there are programs to exempt your pension premiums.
- Those who give birth in or after February 2019 must apply for a pension premium exemption.
- For those whose pension premium payment period or enrollment period is less than ten years or who cannot fulfill other pension benefit requirements, it may be possible to extend enrollment in the National Pension even after reaching 60 years of age.

#### Inquiries:

- National Pension Subsection, National Health Insurance and Pension Section (Hon Chosha 4F **Tel:** 03-5742-6682 and 6683, **Fax:** 03-5742-6876)
- Shinagawa Pension Office (Kotoku Bldg. 2F, 5-1-5 Osaki, **Tel:** 03-3494-7831, **Fax:** 03-3779-3449)

# Health Insurance Cards to Be Incorporated into My Number Cards, and Paper Health Insurance Cards Will No Longer Be Issued after December 2

### ● If you have a paper health insurance card valid as of December 1

#### Expiration dates:

**National Health Insurance cards:** September 30, 2025

**75+ Health Insurance cards:** July 31, 2025

**Note to foreign residents:** Your insurance card will expire on the date your visa expires (if your card has not expired by that time).

### ● If your health insurance card has expired or your address or co-payment ratio has changed, etc.

You will no longer be able to use your paper health insurance card. You will need to do one of the following:

**Note:** For more details, please visit the Shinagawa City website.

#### ○ Those enrolled in National Health Insurance

- **Individuals who do not have a My Number card/My Number insurance card\***

You will be issued a certificate of eligibility containing your insurance information, including your eligibility for health insurance. By presenting this certificate at a medical institution, etc., you can receive medical treatment covered by insurance.

\* My Number card registered for use as a health insurance card.

- **Individuals who have a My Number insurance card**

You will receive a notice of eligibility information showing your insurance information, including your eligibility for

health insurance. If you are unable to use your My Number insurance card for some reason, you can present your card together with your notice of eligibility information at the medical institution, etc. to receive medical treatment covered by insurance.

#### Notes:

1. Individuals enrolled in the National Health Insurance system between the ages of 70 and 74 will no longer be issued recipient cards for seniors.
  2. Whether or not you have a My Number insurance card, you will still need to follow the National Health Insurance system enrollment/unenrollment procedures when necessary.
- **Those enrolled in Latter-Term Elderly Medical Insurance** Until 31 July 2025, a certificate of eligibility will be issued regardless of whether you have a My Number insurance card.

**Inquiries:** Qualification Subsection, National Health Insurance and Pension Section

(**Tel:** 03-5742-6676, **Fax:** 03-5742-6876)

Senior Citizens Medical Care Subsection, National Health Insurance and Pension Section

(**Tel:** 03-5742-6736, **Fax:** 03-5742-6741)

**Inquiries about individual number cards (e.g., how to get one, and how to use it as your health insurance card):**

Individual Number Call Center (toll-free)

**Tel:** 0120-95-0178

**Hours:** 9:30 a.m. to 8:00 p.m.

(5:30 p.m. on weekends and holidays)

# Free Portable Emergency Toilets to Be Distributed

Portable toilets are handy in emergencies, particularly when there is a water outage and you cannot use your home's toilet. We also hope that distributing these free ones will remind you to think about disaster preparedness.

- The toilets will be distributed over the period between October and March (the timing may differ even within the same area).
  - Each household will receive one kit for every registered member living there as of August 31, 2024.
- Note:** No application is necessary.

#### Contents:

- Twenty portable toilets per person (coagulant, waste disposal bag, waste storage bag, toilet seat cover)
  - *Shinagawa Disaster Preparedness Handbook*
- Note:** The portable toilet kits will be delivered by a courier.

#### Inquiries:

Portable Toilet Distribution Call Center

(**Tel:** 0120-100-826)

Promotion and Support Subsection, Disaster Prevention Section

(**Tel:** 03-5742-6696 **Fax:** 03-3777-1181)