

SHINAGAWA

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Minami-Shinagawa Higashi-Oi Course

In this issue, we introduce a course that takes you through Minami-Shinagawa and Higashi-Oi, which once thrived as coastal fishing communities. As you explore these two neighborhoods, try imagining what life was like here long ago.

Inquiries: Cultural Assets Subsection, General Affairs Section
(Tel: 03-5742-6839, Fax: 03-5742-6890)



Zemusu Hill

Located along the road from Oimachi Station to Dai-Ichi Keihin Avenue, Zemusu Hill was once much steeper. During the Meiji Era, an Englishman named John Mathews James ("Zemusu") paid to have it graded into a gentler slope, and so it got its name.

Location 5 and 6 Minami-Shinagawa



Takamura Chieko Monument

Partway up Zemusu Hill is the former site of the hospital that cared for Takamura Chieko, wife of poet Takamura Kotaro. There, you can find a monument to "Lemon Elegy," the elegy he wrote for her at the end of her life.

Location 6-7 Minami-Shinagawa



Sendai Hill

Sendai Hill is located along the road from Aomono-yokocho Station to Oimachi Station. Roof tiles with the family crest of the Sendai Domain's Date clan and a Meiji Era miso brewery were discovered here during an archeological dig started in 1986.

Location 4 Higashi-Oi to 5 Minami-Shinagawa



Yamauchi Toyoshige (Yodo) Gravesite

Yamauchi Toyoshige, the lord of the Tosa Domain (modern-day Kochi Prefecture) during the end of the Edo Period, is said to have had a great influence on the shogunate as a pioneer of the Meiji Restoration. His tomb has a unique shape, with a round burial mound and a tombstone.

Location 4-8 Higashi-Oi

Hours 9:00 a.m. to 5:00 p.m.
Closed during the yearend/ New Year's holidays.



Reference: Shinagawa History Tours (in Japanese only)



Start Oimachi Station

About 8 minutes ↓ 0.6km

① Zemusu Hill

About 1 minute ↓ 0.1km

② Takamura Chieko Monument

About 7 minutes ↓ 0.5km

③ Sendai Hill

About 10 minutes ↓ 0.7km

④ Yamauchi Toyoshige (Yodo) Gravesite

About 3 minutes ↓ 0.2km

Goal Samezu Station

Let's check out some of Shinagawa Historical Museum's cultural properties!

Sendai Miso Ceramic Pot

Discovered during an archeological dig, this ceramic pot was used to store Sendai miso. It was found along with a cauldron and other related instruments used to make miso between the Edo Period and Meiji Era, providing clues about how miso was produced at the time.



Hours: 9:00 a.m. to 5:00 p.m. (the entrance closes at 4:30 p.m.).

Closed: Mondays (or the next weekday if Monday is a national holiday) and during the yearend/New Year's holidays.

Note: The museum may be closed on days other than those listed above.
Admission: ¥100
(¥50 for elementary and junior high school students)
Note: Admission is free for elementary and junior high school students residing in or enrolled in a school in Shinagawa, people over the age of seventy, and people with disabilities.

Inquiries: Shinagawa Historical Museum
(Tel: 03-3777-4060, Fax: 03-3778-2615)

Please scan here for the museum's website.



Are You Familiar with National Health Insurance?

●What Is National Health Insurance?

Japan’s social security system includes health insurance. This health insurance program is broadly divided into workbased (company) insurance, regionally based National Health Insurance, and Latter-Term Elderly Medical Insurance for those who are seventy-five years of age or older. Those who live in Japan are required to join one of these health insurance plans. (However, eligibility requirements for enrollment must be fulfilled.) Japan’s National Health Insurance system is a mutual-aid program in which members pay insurance premiums based on their income, and to which both the national government and local municipalities also contribute.

●Those Who Can Enroll in National Health Insurance

Under seventy-five years of age who live in Shinagawa City and have completed resident registration can enroll. However, those to whom any of the following

applies are not eligible to enroll.

- Those who are eligible to join another public health insurance program, such as company health insurance
- Those who are receiving public financial assistance for everyday living
- Those with an authorized period of stay of three months or less (including those who have not obtained resident status)

Note: In some cases, you may enroll if your resident status is classified as; “Entertainer,” “Technical intern training,” “Dependent” or “designated activities,” and your period of stay is approved for over three months.

●Notification

You must be sure to file the designated notification form with the National Health Insurance and Pension Section within fourteen days of the following circumstances. Your individual number (My Number) is required for procedures.

Note: If someone else files an application on your behalf, he/she will need to present a proxy letter.

- (1) To join the program
 - When you enter Japan or move to Shinagawa City
 - When you withdraw from the employee health insurance program
 - When you give birth to a baby (if you cannot enroll in social insurance)
- (2) To withdraw from the program
 - When you move out of Shinagawa City or leave Japan
 - When you join the employee health insurance program
 - Death

Note: You can apply for funeral expenses.

- (3) Other situations
 - When you move within Shinagawa City
 - Change in name
 - Change in head of household
 - Consolidation or dissolution of household(s)
 - Your health insurance card is lost or damaged

Inquiries: Qualification Subsection, National Health Insurance and Pension Section (Hon Chosha 4F, **Tel:** 03-5742-6676, **Fax:** 03-5742-6876)



ECORU Fest

—2024 Autumn—

Find all the Rs!

October is 3R (Reduce, Reuse, Recycle) Promotion Month.



Visit the Ecoru Togoshi website for more details.

There will also be a concert by a steel pan band. Enjoy the sound of instruments made from recycled drums!



Date and Time **October 20 (Sunday), 10:00 a.m. to 3:30 p.m.**
Note: The event will be canceled in the event of severe weather.

Venue **Togoshi Park (2-1 Yutaka-cho), Ecoru Togoshi (within Togoshi Park)**

Workshop Square with R

In this area, you can discover ways to lead a more sustainable life.

Earth-Friendly Food Square

October is Food Loss Reduction Month. This area offers foods from sustainable food trucks and local restaurants.

ECORU Square

Here you can enjoy creating wooden badges and learning about composting and other eco-friendly practices you can do at home.

Inquiries: Ecoru Togoshi (Tel: 03-6451-3411, Fax: 03-6451-3412, Website: <https://ecoru-togoshi.jp/>)

Course for Foreign Residents—Enjoy Life

Come have fun learning things that will be useful during your life in Shinagawa! We are offering three educational programs for foreign residents: “City Office Operations Orientation,” “Disaster-Preparedness Training” and an “Incineration and Recycling Factory Tour.”

Dates and times (three sessions):

1. November 8 (Fri.): 1:30 to 3:30 p.m.
2. November 15 (Fri.): 11 a.m. to 4 p.m.
3. November 22 (Fri.): noon to 4 p.m.

Note: We will gather at the Shinagawa-ku International Friendship Association (2-1-36 Hiromachi, Daisan Chosha 4F) and go to each location via public transportation.

Location:

1. Shinagawa City Office
2. Honjo Life Safety Learning Center (4-6-6 Yokokawa, Sumida-ku)
3. Shinagawa Incineration Plant (1-4-1 Yashio)

Eligibility and capacity: People who live, work or go to school in Shinagawa City; up to thirty persons on a first-come, first-served basis.

Notes:

1. Interpretation will be provided in English and Chinese (available upon request of at least three participants for each language).
2. Participants are responsible for their own transportation costs, etc.

Application/inquiries: Please fill out the application form on the Shinagawa-ku International Friendship Association’s website or apply in person to the association by no later than Thursday, October 31. Please include your address, name (with *furigana*), age, daytime phone number and nationality. If you are a student in Shinagawa City, please include the name of your school. If you work in Shinagawa City, please include the name of your place of employment.

(Dai-san Chosha 4F, 2-1-36 Hiromachi, **Tel:** 03-5742-6517, **Fax:** 03-5742-6518, **Website:** <https://www.sifa.or.jp/>)

Shinagawa City Website

You can view the Shinagawa City website in 131 languages—including English, Chinese (simplified characters and traditional characters) and Korean—using an automatic translation service.



Inquiries: Strategy Public Relations Section
(**Tel:** 03-5742-6612, **Fax:** 03-5742-6870)



Shinagawa Info

Multilingual FM City News Broadcasts

The city government broadcasts *Shinagawa Info*, a 3-minute municipal news program, in several languages on InterFM897 (89.7 MHz) from 6:56 a.m., Monday through Friday.

The languages broadcast are as follows:

Mondays: Chinese and Japanese	Thursdays: English and Japanese
Tuesdays: Korean and Japanese	Fridays: English and Japanese
Wednesdays: Tagalog and Japanese	

In addition to daily-living information, emergency information is broadcast during times of emergency. You can also check the broadcast content via the website.

Website: <https://www.interfm.co.jp/timetable/>