

SHINAGAWA

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June Is Environment Month

Things We Can Do Now to Achieve Decarbonization

June 5 is World Environment Day, and the Ministry of the Environment has also designated June as Environment Month. Various educational and awareness programs related to environment conservation will be conducted across Japan during this period.

We encourage you to incorporate some easy-to-follow habits in your everyday life to make decarbonization—a pressing issue due to the influence of global warming—a reality.

Inquiries:

Environment Management Subsection, Environmental Affairs Section
(Tel: 03-5742-6749, Fax: 03-5742-6853)

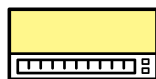
Reference: Tokyo Metropolitan Government 2023 Household Energy Conservation Handbook

Set your air conditioner thermostat at 28°C

Setting your air conditioner (2.2kW) thermostat at 28°C instead of 27°C when the temperature outside is 31°C (hours of use: nine hours/day) has the following benefits.

Key points

- Reduces the amount of electricity used by about **30.2** kWh per year
- Reduces the amount of CO₂ produced by about **14.8** kg per year



Do Not Overfill Your Refrigerator

Putting in just half the amount of goods your refrigerator can hold rather than filling it up has the following benefits.

Key points

- Reduces the amount of electricity used by about **43.8** kWh per year
- Reduces the amount of CO₂ produced by about **21.4** kg per year

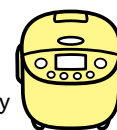


Unplug Your Rice Cooker When Not Using It

Compared to keeping your rice cooker plugged in and warm for seven hours a day, unplugging it has the following benefits.

Key points

- Reduces the amount of electricity used by about **45.8** kWh per year
- Reduces the amount of CO₂ produced by about **22.4** kg per year

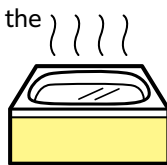


Use the Shared Bath Consecutively to Avoid Reheating Water

Using the bath consecutively instead of reheating the bath (200L) after the temperature has dropped 4.5°C after leaving the bath as is for 2 hours (once per day) has the following benefits.

Key points

- Reduces the amount of gas used by about **38.2** m³ per year
- Reduces the amount of CO₂ produced by about **82.9** kg per year



Close Electric Toilet Lid When Not in Use

Closing the electric toilet lid (warm water tank type) instead of leaving it open has the following benefits.

Key points

- Reduces the amount of electricity used by about **34.9** kWh per year
- Reduces the amount of CO₂ produced by about **17.1** kg per year



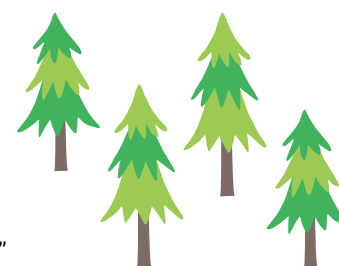
Incorporating These Habits Has the Following Environmental Benefit

Amount of CO₂ reduced per year

About **158.6** kg

→ Equivalent to the approximate amount of carbon dioxide that eleven cedar trees absorb in a year*

* The average amount of carbon dioxide that one cedar tree absorbs in a year is about 14 kg.
Reference: Forestry Agency, "Absorption of Carbon Dioxide of Forests"



About COVID-19 Vaccinations

(information current as of May 30)

■ For Residents Sixty-Five Years of Age and Older and Residents with Underlying Conditions: New Immunization Program has begun on May 8.

You can receive the Omicron-specific vaccine if more than three months have passed since your last vaccination.

Eligibility and Vaccination Ticket Mailout

● Residents who are sixty-five years of age and older

Residents who have completed the fifth vaccination → Vaccination tickets for the sixth injection are mailed out.
Residents who have unused vaccination tickets → You can get vaccinated using the ticket you have.

● Residents between five and sixty-four years of age with underlying conditions or whom doctors recognize as having a high risk of developing complications, and healthcare workers

→ You can use unused vaccination tickets to get vaccinated if you have any. If you do not have a vaccination ticket, you must apply for one.

Notes:

1. Residents other than the eligible persons will not be able to get vaccinated.
2. Residents between six months of age and eleven years of age will remain eligible for vaccination.

Inquiries: Shinagawa Coronavirus Vaccination Call Center
Tel: 03-6633-2433, Fax: 03-6684-4845

Sending out FY2023 National Health Insurance Premium Notification/Invoices

Your National Health Insurance premium notification for fiscal 2023—including five invoices for the months of June through October 2023 and one invoice for a lump-sum payment for the year—will be mailed in mid-June.

- Notes:
- 1. Only premium notification will be mailed to households paying their premiums via account debit. If you pay using the invoices, you will be mailed five more invoices for the months of November through March of next year in mid-November.
 - 2. For more information on how your premiums are calculated, please read the “Konnichiwa Kokuho” bulletin enclosed in the mail.

Calculation Procedures

	A Medical benefit portion (All members)	B Latter-term elderly support portion (All members)	C Nursing Care Insurance premiums (Members between 40 and 64 years of age)
Income-based amount	① Standard leviable income* of all household insurance members x 7.17%	③ Standard leviable income* of all household insurance members x 2.42%	⑤ Standard leviable income* of all household insurance members x 2.20%
Per-capita amount	② ¥45,000 x No. of insurance members in the household	④ ¥15,100 x No. of insurance members in the household	⑥ ¥16,200 x No. of insurance members in the household between 40 and 64 years of age
Total	A = ① + ② (Maximum amount: ¥650,000)	B = ③ + ④ (Maximum amount: ¥220,000)	C = ⑤ + ⑥ (Maximum amount: ¥170,000)

*Standard leviable income = Total income and so on – ¥430,000 (basic deduction)

Annual insurance premium for a household

=

A Medical benefit portion for a household

+

B Latter-term elderly support portion

+

C Nursing Care Insurance premiums

- Your annual National Health Insurance premiums (April 2023 through March 2024) are calculated based on your total income for 2022. If you have not completed an income tax report for 2022, please file one with the municipal office administering your address as of January 1, 2023. Insurance premiums cannot be reduced if even one person in the household fails to file an income tax report even if the total income for all household members is low.
- If you moved into Shinagawa City on or after January 2, 2023, the income you earned during 2022 at your previous address will be used as reference. If we do not receive a response from the municipal office administering your previous address before the premium calculation date, you will be charged the per-capita amount only. As soon as we receive a response concerning your income, your insurance premiums will be recalculated and we will notify you of the adjusted premiums by mail.
- Members of company health insurance plans up to the age of sixty-four who were dismissed from their jobs after March 31, 2020 and want to reduce their insurance premiums must apply for the reduction by presenting either an employment insurance eligibility certificate or a notification indicating that the reason for leaving was involuntary termination and other information.
- If you are the head of your household, between 65 and 74 years of age, and all of conditions 1) through 4) below apply, you must pay insurance premiums through a special collection from the pension you receive. However, if you would rather pay your premiums via account debit, this special collection from your pension can be stopped.
 - 1) The head of household is a National Health Insurance member
 - 2) All the National Health Insurance members in the household are between 65 and 74 years of age
 - 3) The head of the household’s annual pension amount is ¥180,000 or more
 - 4) The household’s total of National Health Insurance premiums and Nursing Care Insurance premiums does not exceed half of the pension amount
- Paying your National Health Insurance premiums via account debit is convenient.

Inquiries: Qualification Subsection, National Health Insurance and Pension Section (Tel: 03-5742-6676, Fax: 03-5742-6876)

Special City Resident’s Tax/Metropolitan Resident’s Tax Regular Collection Notifications Being Mailed on June 9

Notifications about the FY2023 special city resident’s tax and metropolitan resident’s tax were mailed out on Friday, June 9. You will then be able to obtain certificates of payment, taxation and exemptions of resident’s tax for FY2023.

Tax certificate issuing location	Handling Fee (per copy)
Tax Section (Shinagawa City Office Hon Chosha 4F) and local community centers	¥300
Convenience stores Note: Registered residents of Shinagawa City who have an individual number (My Number) card with electronic certificates can use this service.	¥200

- Please pay your resident’s tax at a convenience store, financial institution, the Shinagawa City Office Tax Section or the service counter of your local community center.
- You can also pay your tax using online banking, ATMs, “Mobile regi,” credit cards (“mobile regi credit” or “net-de mobile regi”) and mobile payment apps.
- Please make use of the convenient and worry-free account debit/automatic payment service. You can also apply from the Shinagawa City website.

Inquiries: Tax Section (Hon Chosha 4F)
Concerning resident’s tax: Unit in charge of Taxation (Tel: 03-5742-6663 to 6666, Fax: 03-5742-7108)
Concerning tax payment: Collection Administration Subsection (Tel: 03-5742-6669, Fax: 03-3777-1292)
Consultation on tax payment: Unit in charge of Tax Payment Consultation (Tel: 03-5742-6671 to 6673, Fax: 03-3777-1292)

(((InterFM89.7MHz)))

Shinagawa Info

Multilingual FM City News Broadcasts

The city government broadcasts *Shinagawa Info*, a 3-minute municipal news program, in several languages on InterFM897 (89.7 MHz) from 6:56 a.m., Monday through Friday.

The languages broadcast are as follows:

Mondays: Chinese and Japanese

Tuesdays: Korean and Japanese

Wednesdays: Tagalog and Japanese

Thursdays: English and Japanese

Fridays: English and Japanese

In addition to daily-living information, emergency information is broadcast during times of emergency. You can also check the broadcast content via the website.

Website: <https://www.interfm.co.jp/timetable/>

Tokyo Multilingual Coronavirus Hotline

Consultation services are available to answer your questions about life-styles, health, and any concerns regarding the spread of the coronavirus.

Languages: Twelve (Japanese, English, Chinese, Korean, Vietnamese, Nepalese, Tagalog, Thai, Portuguese, Spanish, French and Burmese)

Tel 0120-670-440

Hours 24 hours
(also available on Saturdays, Sundays and national holidays)

Shinagawa Coronavirus Vaccination Call Center


Consultation services are available concerning the COVID-19 vaccinations Shinagawa City offers in Japanese, English and Chinese.

Tel 03-6633-2433

Fax 03-6684-4845

Hours 9:00 a.m. to 7:00 p.m.
(also available on Saturdays, Sundays and national holidays)

To find out about the updated information, please visit the Shinagawa City website. The contents on the website can be read in various languages (English, Chinese and Korean), using the automated translation function.



Shinagawa City website